

Name:-Sheetal Kundan Ruikar, Coordinator - M.A. Psychology

Personal Details:-

Name	Ruikar	Sheetal	Kundan
	<i>SURNAME</i>	<i>FIRST NAME</i>	<i>MIDDLE NAME</i>
Department	Psychology		
Designation	Asst. Professor		
Qualification(s)	M.A., Pursuing Ph.D.		
Certification(s)/Professional Courses/Exams	1) NET 2) Diploma in Human Resource Management from IMDR, Pune		
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Member Of:-

College Committees	Other Committees
Placement Cell	Member of Indian Association of Advancing Research in Obesity (IAARO).
International Student Cell	
Anti-Ragging Cell	

Research Done:

Pursuing PhD under the guidance of Dr Shobhana Abhyankar, Head and Vice Principal Fergusson College, from Pune University.

Title: Relationship Between Perceived Social Support, Psychological Capital and Work-Life Enrichment amongst employees.

Area of Interest in Research:

- Positive Psychology
- Organizational Psychology

Chapter published in a Book:

Name of Book	Author(s)	ISBN No.	Year	Edition	Publisher
Positive Psychology: In the Context of Indian Traditions, edited by Dr. Sunil Saini	Sheetal Ruikar, & Shobhana Abhyankar [Chapter on Psychological Capital: The new Imperative for Indian Organizations?]	ISBN-13: 978-81-920053-9-3	2014	1 st ed	Indian Association of Health Research & Welfare

Research publications:

Ruikar,S (2009),”Code of conduct in the use of Psychological Assesment For HR Professionals in India”, In proceedingsNational Seminar on recent trends in Psychology:An Applied Perspective.pgno147-151
Sharma,S and Ruikar,(2012)”A Comparative study between masculine,Feminine and Androgynous sex type on Job search Attitude”International Research Journal of Humanities and Environmental Issues,1(2): pg 64-67 ISSN:277-9329
Hundal H & Ruikar,(2012) Relationship Between Openness to experience, Risk taking Behaviour and Job mobility <i>In Proc. International Conference on Work values : Stability and Change in the Global Context pp:2-8)</i> ISBN:978-0-9817997
Pendse, M., & Ruikar, S.(2013) The Relation between Happiness, Resilience and Quality of Work Life and Effectiveness of a Web-Based Intervention at Workplace. <i>Journal of Psychosocial Research.</i> 8(2): 189-97 (2013) ISSN: 0973-5410
Ruikar, S. & Abhyankar, S(2012) Psychological Capital: An Emerging HRM Perspective <i>International Research Journal of Humanities and Environmental Issues</i> 1(2):161-164(2012)

ISSN:2277-9329
Sahastrabudhe, S & Ruikar, S(2013) Efficacy of theatre in enhancing the self esteem in girls belonging to low socio-economic status <i>In Proc. National Seminar on “Developing Human Potential: Issues, Perspectives and Challenges” held in Fergusson College- 31 Jan-2Feb.2013 pp. 277-284 (2013ISBN:978-93-5087-999-3</i>
Amroliwala,S & Ruikar, S (2015) IT Company Merger: A comparative study of Employee’s stress and Anxiety <i>Journal of Psychosocial Research.</i> 10(1): 11-19 (2015) ISSN 0973-5410

Seminars and Workshops Attended:-

International Conference on Stress –Paradigm Shift in Technology and Allied Sciences” organized by IISMAAS and IIHMR, New Delhi.
UGC sponsored National Seminar on “Innovative Management Practices” organized by Department of Business administration, Annamalai University.
UGC sponsored National Seminar on Health and Wellbeing: Contemporary Issues and Perspectives organized by Department of Psychology ,Fergusson College and Muktangan Mitra, Pune
National Seminar on Research :Interdisciplinary Approaches in Management, Humanities, Social Sciences and Languages, organized by Nashik Prasarak Mandal
National Seminar on Developing Human Potential: Issues, Perspectives and Challenges. Jan-Feb 2013
II International Conference on “Enriching Employee Engagement in Organization-Role of Psychology” at the University of Madras, Chennai, 2015

Seminars and Workshops Organized:-

Organized a Statistics workshop for MA students
Organized Panel discussion on career avenues in Psychology
Joint organizing secretary at UGC sponsored National Seminar on Health and Wellbeing: Contemporary Issues and Perspectives organized by Department of Psychology ,Fergusson College and Muktangan Mitra, Pune

Other Accomplishments:-

Co-ordinator of COER's Anugrah Rehabilitation Centre, an institution dedicated to the rehabilitation of severely challenged children.

MA Co-ordinator since 2015.
