



Fergusson College (Autonomous)
Pune

Learning Outcomes-Based Curriculum

for

F. Y. B.A. (Psychology)

With effect from June 2019

| Program Outcomes (POs) for B.A Programme | |
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| PO1 | Disciplinary Knowledge: Demonstrate a blend of conventional discipline knowledge and its applications to the modern world. Execute strong theoretical and practical understanding generated from the chosen programme. |
| PO2 | Critical Thinking and Problem solving: Exhibit the skill of critical thinking and use higher order cognitive skills to approach problems situated in their social environment, propose feasible solutions and help in its implementation. |
| PO3 | Social competence: Express oneself clearly and precisely to build good interpersonal relationships in personal and professional life. Make effective use of linguistic competencies to express themselves effectively in real and virtual media. Demonstrate multicultural sensitivity in group settings. |
| PO4 | Research-Related Skills: Seeks opportunity for research and higher academic achievements in the chosen field and allied subjects and is aware about research ethics, intellectual property rights and issues of plagiarism. Demonstrate a sense of inquiry and capability for asking relevant/appropriate questions; ability to plan, execute and report the results of an research project be it in field or otherwise under supervision. |
| PO5 | Personal and professional competence: Equip with strong work attitudes and professional skills that will enable them to work independently as well as collaboratively in a team environment. |
| PO6 | Effective Citizenship and Ethics: Demonstrate empathetic social concern and equity centred national development; ability to act with an informed awareness of moral and ethical issues and commit to professional ethics and responsibility. |
| PO7 | Environment and Sustainability: Understand the impact of the scientific solutions in societal and environmental contexts and demonstrate the knowledge of, and need for sustainable development. |
| PO8 | Self-directed and Life-long learning: Acquire the ability to engage in independent and life-long learning in the broadest context of socio-technological changes. |

| Program Specific Outcomes(PSOs) for F.Y. B.A. Psychology | |
|---|--|
| PSO No. | Program Specific Outcomes(PSOs) Upon completion of this programme the student will be able to |
| PSO1 | Academic competence: <ul style="list-style-type: none"> i) Develop sound knowledge about the fundamental concepts in Psychology pertaining to different sub fields like Positive Psychology, Health Psychology, Social Psychology, Psychometry amongst others ii) Develop critical thinking skills and distinguish between concepts studied in different courses. iii) Formulate psychology related problems and apply appropriate concepts and methods to solve them. |
| PSO2 | Personal and Professional Competence: <ul style="list-style-type: none"> i) Develop positive attributes such as empathy, compassion, social participation, and accountability ii) Develop effective communication skills like listening, speaking, and observational skills. Appreciate and tolerate different perspectives. iii) Carry out tasks independently as well as in teams and show leadership qualities. |
| PSO3 | Research Competence: <ul style="list-style-type: none"> i) Develop strong theoretical foundations of research methodology used in Psychology ii) Apply the knowledge to conduct research projects in an ethical way iii) Learn the use of Statistical software to analyse the data and present the findings in an appropriate manner |
| PSO4 | Ethical/Social competence: <ul style="list-style-type: none"> i) Display a commitment towards the health and wellbeing of different stakeholders (Individuals, groups, society). ii) Analyze social problems, social dynamics and create solutions to manage them effectively. iii) Respect intellectual property rights and is aware of the implications of engaging in unethical means. |

Programme Structure

| F.Y. B.A. | | |
|--|--|---|
| Semester | New CBCS Pattern | Old /Existing Pattern |
| Sem I | PSY1101 Foundations of Psychology (Credits 03) | PSY1101 Foundations of Psychology (Credits 03) |
| Sem II | PSY1201 Basic Cognitive Processes and Consciousness (Credits 03) | PSY1201 Basic Cognitive Processes and Consciousness (Credits 03) |
| S.Y. B.A. | | |
| Sem III | DSE 1A (4 credits) PSY2301: Title: Abnormal Psychology..... | Special Paper 1 Title: Abnormal Psychology..... |
| | DSE 2A (4 credits) PSY2302: Title: Psychological Testing..... | Special Paper 2 Title: Psychological Testing..... |
| | SEC 1A (3 credits) PSY2303: Title: Introduction to Social Psychology | General Paper 2 Title: Introduction to Social Psychology |
| | SEC 2A (2 credits) (Value/Skill Based) PSY2304: Title: Psychological Test Construction..... | ---- |
| <i>Note: SEC 1C is CC '1 or 2' (General paper for other department students)</i> | | |
| Sem IV | DSE 1B (4 credits) PSY2401: Title: Child and Adolescent Development | Special Paper 1 Title: Abnormal Psychology and Psychosocial Treatment..... |
| | DSE 2B (4 credits) PSY2402: Title: Research Methodology | Special Paper 2 Title: Research Methodology..... |
| | SEC 1B (3 credits) PSY2403: Title: Social Dynamics | General Paper 2 Title: Social Dynamics..... |
| | SEC 2B (2 credits) (Value/Skill Based/ Field Work of SEC-1B) PSY2404: Title: Research Application..... | ---- |
| <i>SEC 1B is CC-'1 or 2' (General paper for other department students)</i> | | |

T.Y. B.A.

| Semester | New CBCS Pattern | Old /Existing Pattern |
|--|--|---|
| Sem V | DSE 1C (4 credits) PSY3501: Title: Industrial And Organisational Psychology | Special Paper 1 Title: Industrial And Organisational Psychology |
| | DSE 2C (4 credits) PSY3502: Title: Psychology Practical: Tests and Statistical Methods | Special Paper 2 Title: Psychology Practical: Tests and Statistical Methods |
| | SEC 1C (3 credits) PSY3503: Title: Positive Psychology | General Paper 3 Title: Positive Psychology |
| | SEC 2C (2 credits) (Value / Skill Based) PSY3504: Title: Testing Application | ---- |
| <i>Note: SEC 1C is CC '1 or 2' (General paper for other department students)</i> | | |
| Sem VI | DSE 1D (4 credits) PSY3601: Title: Cognitive Psychology | Special Paper 1 Title: Cognitive Psychology |
| | DSE 2D (4 credits) PSY3602: Title: Psychology Practical: Experiments and Statistical Methods | Special Paper 2 Title: Title: Psychology Practical: Experiments and Statistical Methods |
| | SEC 1D (3 credits) PSY3603: Title: Health Psychology | General Paper 3 Title: Health Psychology |
| | SEC 2D (2 credits) (Value/Skill Based/ Field Work of SEC-1B) PSY3604: Title: Experimental Application | ---- |
| <i>Note: SEC 1D is CC-'1 or 2' (General paper for other department students)</i> | | |

| F.Y. B.A. Semester I | | |
|---|---|-------------------------------|
| Title of the Course and Course Code | Foundations of Psychology (PSY1101) | Number of Credits : 03 |
| Course Outcomes (COs) | | |
| On completion of the course, the students will be able to: | | |
| CO1 | Recognise the influence of biological factors on human behaviour | |
| CO2 | Distinguish between different scientific methods that are used to carry out a | |
| CO3 | Examine the simple human behaviour from the scientific perspective. | |
| CO4 | Analyse different types of personality traits which can be beneficial in | |
| CO5 | Criticize different types of personality theories effectively | |
| CO6 | Construct an action plan based on SWOT analysis for one's life | |

| Unit. No. | Title of Unit and Contents | No. of Lectures |
|------------------|--|------------------------|
| I | Psychology as a Science of Mind and Behaviour Psychology: Definition, Goals and Fields of Psychology, Historical Perspectives in Psychology, Modern Perspectives in Psychology Methods - Steps used in Scientific Method, Descriptive Methods: Naturalistic Observation, Laboratory Observation, Case Study, Survey and Correlation, Experimental methods Ethics in Psychological Research, Application: Thinking Critically About Critical Thinking | 12 |
| II | Biological Bases of Human Behaviour Neuron: Structure and Function, Neurotransmitters - Serotonin, Dopamine, GABA, Acetylcholine Nervous system - Central Nervous System Peripheral Nervous System Glandular System - Pituitary, Thyroid, Parathyroid, Adrenal, Gonads, Applications: Techniques and New Trends used for Looking inside the living Brain | 12 |
| III | Personality Nature, Definition and Misconceptions, Freud's Psychodynamic Perspective and NEO-Freudians, The Behaviourist and Social-Cognitive View and Humanistic View of Personality Trait Approaches to Personality- Allport's Approach, Eysenck's PEN Model, Cattell's 16PF, Five Factor Model and recent advances Application: SWOT Analysis | 12 |

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| IV | Motivation, Emotion and Stress Motivation: Definition and Approaches: Instinct and Evolutionary, Need and Drives, Arousal, Incentive, Humanistic (Maslow), Self-Determination Theory. Emotion: Definition, Elements and Theories Elements of emotion, Theories of emotion: James-Lange, Canon Bard, Schachter, Singer and Lazarus Stress: Definition and Sources of Stress (Environmental, Psychological and Personality factors)- Coping with Stress Application: Becoming More Optimistic | 12 |
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Learning Resources:

1. Ciccarelli, S. & White, J.H. (2012). Psychology. N.Y.: Prentice Hall
2. Ciccarelli, S. & Meyer, G. E. (2006). Psychology. New Delhi: Pearson Education.
3. Passer, M. W. & Smith, R. E. (2007). Psychology: The science of mind and behaviour. New Delhi: Tata McGraw-Hill.
4. Feldman, R. S. (8th ed.) (2008). Understanding psychology. TMH.
5. Coon, D. & Mitterer, J. O. (2007). Introduction to psychology: Gateways to mind and behaviour. Singapore: Thomson Wadsworth.
6. Lahey, B. B. (2003). Psychology: An introduction. New Delhi: Tata McGraw-Hill.
7. Smith, E. E., Hocksema, S. N., Fredrickson, B. and Loftus, G. R. (2003). Atkinson and Hilgard's Introduction to Psychology. Singapore: Thompson Wadsworth.
8. Baron, R. A. (2001). Psychology. New Delhi: Pearson Education Pvt. Ltd.
9. Morgan, C. T., King, R. A., Weisz, J. R. and Schopler, J. (1986). Introduction to Psychology. McGraw-Hill Book Co.
10. Abhyankar, S. C., Oke, A., & Golwilkar, S. A. (2014). Manasashastra: Vartanache Shastra. New Delhi: Pearson Education

| F.Y. B.A. Semester II | | |
|---|--|-------------------------------|
| Title of the Course and Course Code | Basic Psychological Processes (PSY1201) | Number of Credits : 03 |
| Course Outcomes (COs) | | |
| On completion of the course, the students will be able to: | | |
| CO1 | Describe different theories of learning. | |
| CO2 | Differentiate between the cognitive processes such as sensation, attention and | |
| CO3 | Use the knowledge of IQ to understand the difference between the different | |
| CO4 | Explain different types of intelligence processes which can help in | |
| CO5 | Criticise the different learning theories effectively which helps in using | |
| CO6 | Integrate the knowledge of sleep pattern and able help oneself in improving | |

| Unit. No. | Title of Unit and Contents | No. of Lectures |
|------------------|--|------------------------|
| I | States of Consciousness Definition of Consciousness and altered states of Consciousness, Stages of Sleep and Sleep Disorders, Theories of Dreams, Hypnosis and theories, Application: Improving quality of sleep | 12 |
| II | Learning and memory Learning: Definition, and Nature Theories of Learning: Classical Conditioning, Operant Conditioning, Cognitive Learning, Observational Learning Memory: Definition and Types, Forgetting and Causes of Forgetting, Application: Health and Memory | 12 |
| III | Sensation, Attention and Perception Sensation: Definition, Nature and Process Attention- Definition, Types, Determinants, Phenomena - Division of Attention, Span of Attention Perception – Definition, Gestalt Principles and Perceptual Constancies, Perceptual Illusions, Application: Techniques of improving concentration | 12 |
| IV | Intelligence and Thinking Intelligence: Definition and Basic Concepts in Measurement (CA, MA, IQ and DQ) Intelligence Measurement: Stanford Binet, Wechsler Intelligence Scale for Children (WISC) and Wechsler Adult Intelligence Scale (WAIS) Individual Differences: Mentally Challenged: Types, Causes and Prevention, Giftedness and Emotional Intelligence Thinking – Definition and Types (Mental Imagery, Problem Solving, Decision Making, Creative Thinking), Application: Lateral Thinking- Six Thinking Hats Techniques | 12 |

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1. Ciccarelli, S. & White, J.H. (2012). Psychology. N.Y.: Prentice Hall
2. Ciccarelli, S. & Meyer, G. E. (2006). Psychology. New Delhi: Pearson Education.
3. Passer, M. W. & Smith, R. E. (2007). Psychology: The science of mind and behaviour. New Delhi: Tata McGraw-Hill.
4. Feldman, R. S. (8th ed.) (2008). Understanding psychology. TMH.
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10. Abhyankar, S. C., Oke, A., & Golwilkar, S. A. (2014). Manasashastra: Vartanache Shastra. New Delhi: Pearson Education