



Deccan Education Society's

**Fergusson College (Autonomous)
Pune**

Learning Outcomes-Based Curriculum

for 3 years B.A Programme

as per guidelines of

NEP-2020

for

F. Y. B. A. (Psychology)

With effect from Academic Year

2024-2025

Program Outcomes (POs) for B.A Programme

PO1	Disciplinary Knowledge: Demonstrate a blend of conventional discipline knowledge and its applications to the modern world. Execute strong theoretical and practical understanding generated from the chosen programme.
PO2	Critical Thinking and Problem solving : Exhibit the skill of critical thinking and use higher order cognitive skills to approach problems situated in their social environment, propose feasible solutions and help in its implementation.
PO3	Social competence : Express oneself clearly and precisely to build good interpersonal relationships in personal and professional life. Make effective use of linguistic competencies to express themselves effectively in real and virtual media. Demonstrate multicultural sensitivity in group settings.
PO4	Research-Related Skills: Seeks opportunity for research and higher academic achievements in the chosen field and allied subjects and is aware about research ethics, intellectual property rights and issues of plagiarism. Demonstrate a sense of inquiry and capability for asking relevant/appropriate questions; ability to plan, execute and report the results of a research project be it in field or otherwise under supervision.
PO5	Personal and professional competence: Equip with strong work attitudes and professional skills that will enable them to work independently as well as collaboratively in a team environment.
PO6	Effective Citizenship and Ethics : Demonstrate empathetic social concern and equity centred national development; ability to act with an informed awareness of moral and ethical issues and commit to professional ethics and responsibility.
PO7	Environment and Sustainability : Understand the impact of the scientific solutions in societal and environmental contexts and demonstrate the knowledge of, and need for sustainable development.
PO8	Self-directed and Life-long learning: Acquire the ability to engage in independent and life-long learning in the broadest context of socio-technological changes.

Program Specific Outcomes(PSOs) for F.Y. B.A. Psychology

PSO No.	Program Specific Outcomes(PSOs) Upon completion of this programme the student will be able to
PSO1	Academic competence: <ul style="list-style-type: none">i) Develop sound knowledge about the fundamental concepts in Psychology pertaining to different sub fields like Positive Psychology, Health Psychology, Social Psychology, Psychometry amongst othersii) Develop critical thinking skills and distinguish between concepts studied in different courses.iii) Formulate psychology related problems and apply appropriate concepts and methods to solve them.
PSO2	Personal and Professional Competence: <ul style="list-style-type: none">i) Develop positive attributes such as empathy, compassion, social participation, and accountabilityii) Develop effective communication skills like listening, speaking, and observational skills. Appreciate and tolerate different perspectives.iii) Carry out tasks independently as well as in teams and show leadership qualities.
PSO3	Research Competence: <ul style="list-style-type: none">i) Develop strong theoretical foundations of research methodology used in Psychologyii) Apply the knowledge to conduct research projects in an ethical wayiii) Learn the use of Statistical software to analyse the data and present the findings in an appropriate manner
PSO4	Ethical/Social competence: <ul style="list-style-type: none">i) Display a commitment towards the health and wellbeing of different stakeholders (Individuals, groups, society).ii) Analyze social problems, social dynamics and create solutions to manage them effectively.iii) Respect intellectual property rights and is aware of the implications of engaging in unethical means.

Fergusson College (Autonomous), Pune

NEP 2.0 Subject Credit Distribution Structure 2024-25

Department of Psychology (Arts)

FYBA Sem -I	Theory / Practical	Paper Code	Paper Title	Credits	Exam type
Discipline Specific Core, DSC	Theory	PSY-1001	Foundations of Psychology	4	CE +ESE
Open Elective-1 (For other faculty)	Theory	PSY-1021	Stress Management	2	Only CE

FYBA Sem -II	Theory / Practical	Paper Code	Paper Title	Credits	Exam type
Discipline Specific Core, DSC-3	Theory	PSY-1002	Basic concepts in Psychology	4	CE +ESE
Open Elective-2 (For other faculty)	Theory	PSY-1022	Emotional Intelligence	2	Only CE

Head

Department of Psychology

Fergusson College (Autonomous), Pune

NEP 2.0 Paper Weightage Distribution 2024-25

Department Of Psychology

Class: F. Y. B. A. Sem. I

Paper Code- 1001 **Paper Title:** Foundations of Psychology **Number of Credits:** 4

Sr. No.	Course Outcome	Blooms Taxonomy level	Weightage in %
1	CO-1: Recall and state fundamental concepts in psychology, including its definition, nature, and theories	Remember	20
2	CO-2: Explain the biological and theoretical basis of behavioural phenomenon	Understand	40
3	CO-3: Use psychological concepts related to the scientific study of psychology, basic cognitive processes and personality to interpret behaviour in real life settings	Apply	20
4	CO-4: Evaluate diverse psychological theories and their applications in understanding and addressing issues related to the biological basis of behaviour, sensation, attention, perception and personality.	Analyze	20

	Title and contents	CO	Weightage
Unit-1	Psychology as a Science of Mind and Behaviour 1.1. Psychology: Definition, Goals and Fields of Psychology 1.2. Perspectives in Psychology – Historical and Modern 1.3. Scientific approach used in the study of psychology 1.4. Descriptive Methods: Naturalistic Observation, Laboratory Observation, Case Study, Survey 1.5. Correlational technique & Experimental method 1.6. Ethics of Psychological Research	CO-1,3	25
Unit-2	Biological Bases of Human Behaviour 2.1. Neuron: Structure and Function; Neurotransmitters 2.2. Structure of the brain 2.3. Nervous system 2.3.1. Central Nervous System 2.3.2. Peripheral Nervous System 2.4. Endocrine System - Pituitary, Thyroid, Parathyroid, Adrenal, Gonads 2.5. Neuroimaging techniques	CO-1,2,4	25
Unit-3	Basic Cognitive Processes 3.1. Consciousness: definition and different levels of consciousness 3.2. Sensation: Definition, Nature and Process 3.3. Attention 3.3.1. Definition, Types, Determinants	CO- 1,2,3,4	25

	<p>3.3.2 Phenomena - Division of Attention, Span of Attention</p> <p>3.4 Perception – Definition, Perceptual Constancies & Depth perception</p> <p>3.5 Gestalt Principles</p> <p>3.6 Perceptual Illusions</p>		
Unit-4	<p>Personality</p> <p>4.1. Definition and nature</p> <p>4.2. Freud's psychoanalytic theory</p> <p> 4.2.1. Structure of personality and stages of psychosexual development</p> <p> 4.2.2 Defense mechanisms</p> <p> 4.2.3 Evaluation of Freud's theory</p> <p>4.3 NEO-Freudians – Jung & Adler</p> <p>4.3. The Behaviourist and Social-Cognitive View and Humanistic View of Personality</p> <p>4.4. Trait Approaches to Personality</p> <p> 4.4.1. Allport's Approach</p> <p> 4.4.2. Eysenck's PEN Model</p> <p> 4.4.3. Cattell's 16PF</p> <p> 4.4.4. Five Factor Model</p> <p>4.5 Assessment of personality- projective techniques & self-report inventories</p>	CO- 1,2,3,4	25

Resources:

1. Abraham, A. (2011). General Psychology. New Delhi: Tata McGraw-Hill
2. Baron, R.A. & Mishra, G. (2016) Psychology 5th ed. India: Pearson
3. Ciccarelli, S., White, J.H. & Misra, G (2022). Psychology 6th ed. India: Pearson
4. Feldman, R.S. (2008). Understanding Psychology (8th ed). New Delhi: Tata McGraw Hill
5. Morgan, C. T., King, R. A., Weisz, J. R. and Schopler, J. (2014). Introduction to Psychology. New Delhi: TATA McGraw-Hill Book Co.
6. Abhyankar, S.C., Oke, A. & Golwilkar, S.A. (2014). Manasashastra: Vartanache Shastra. New Delhi: Peason Education

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NEP 2.0 Paper Weightage Distribution 2024-25

Department Of Psychology

Class: F. Y. B. A. Sem. II

Paper Code: PSY- 1002 **Paper Title** Basic Concepts in Psychology **Number of Credits:** 4

Sr. No.	Course Outcome	Blooms Taxonomy level	Weightage in %	
1	CO-1: Recall and recognize fundamental concepts related to motivation, emotion, learning, memory, intelligence, thinking, and problem-solving, demonstrating a basic understanding of the key principles and theories.	Remember	20	
2	CO-2: Describe how motivation, emotion, learning, memory, intelligence, thinking, and problem-solving interact and influence each other within the context of psychological processes.	Understand	40	
3	CO-3: Apply psychological principles related to motivation, emotion, learning, memory, intelligence, thinking, and problem-solving to interpret real-world scenarios, and make informed decisions about human behavior and cognition	Apply	20	
4	CO-4: Evaluate diverse psychological theories and their applications in understanding and addressing issues related to motivation, emotion, learning, memory, intelligence, thinking, and problem-solving.	Analyze	20	

	Title and contents	CO	Weightage
Unit-1	Motivation and Emotion 4.1. Motivation: Definition 4.2 Approaches: Instinct and Evolutionary, Need and Drives, Arousal, Incentive, Humanistic (Maslow), Self-Determination Theory 4.3. Emotion: Definition, Elements of emotion 4.4 Theories of emotion: James-Lange, Cannon Bard, Cognitive arousal theory and Lazarus's Cognitive mediational theory 4.5 Emotional Intelligence	CO-1,2,3,4	25
Unit-2	Learning 2.1. Learning: Definition, and Nature 2.2. Classical Conditioning – theory and application to behaviour 2.3 Operant Conditioning- theory and shaping and behaviour modification 2.4. Cognitive Learning theories – Latent learning, insight learning and learned helplessness	CO-1,2,3,4	25

	2.5. Observational Learning		
Unit-3	Memory 3.1. Memory: Definition and processes 3.2. Information processing model 3.3 Reconstructive nature of long-term memory 3.4. Forgetting and Causes of Forgetting 3.5 Neuroscience of forgetting	CO-1,2,3,4	25
Unit-4	Intelligence, thinking and problem solving 4.1 Intelligence: Definition 4.2 Theories - Spearman, Sternberg, Gardner, Guilford 4.3 Individual Differences: 4.3.1 Intellectual Disability: Types and causes 4.3.2 Giftedness 4.4 Thinking- definition 4.4.1 Concepts & prototypes, types - convergent and divergent thinking 4.5 Problem solving - methods and barriers to problem solving	CO-1,2,3,4	25

Resources:

1. Abraham, A. (2011). General Psychology. New Delhi: Tata McGraw-Hill
2. Baron, R.A. & Mishra, G. (2016) Psychology 5th ed. India: Pearson
3. Ciccarelli, S., White, J.H. & Misra, G (2022). Psychology 6th ed. India: Pearson
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5. Morgan, C. T., King, R. A., Weisz, J. R. and Schopler, J.(2014). Introduction to Psychology. NewDelhi: TATA McGraw-Hill Book Co.
6. Abhyankar, S.C., Oke, A. & Golwilkar, S.A. (2014). Manasashastra: Vartanache Shastra. New Delhi: Peason Education