



College of Excellence (UGC) | Special Heritage Status by UGC | DST FIST Supported College | DBT - STAR College

#### Fergusson College (Autonomous) Gymkhana

#### **Only For Backlog Students (Physical Education)**

### Jan 2021-22

All Backlog Students are expected to prepare a Sports Project and a given Exercise Video in following format:

## **A- Sports Project Format**:

- 1. Project can be prepared in Word format or pdf format (10 -12 pages)
- 2. Project can be prepared in PPT format (10-12 slides)
- 3. Images should be in (jpg) format only.
- 4. Project file should include -Your Full Name, class, division, roll no
- 6. Blind, Physically Handicapped students should send their scan copy of medical certificates from competent authority.

# **B** - Sport project should include following details:

- 1). History of game
- 2). Ground measurement 3). Rules of game
- 4). Appropriate graphics / pics of your selected sport

## **C** - Practical P.T Examination in MP4 video format.

- 1) 100 meter running MP4 video (10 Sec)
- 2) Sit ups or skipping MP4 video (20 Sec)

Upload All above details on or before 10 Feb 2022 up to 05:00 PM on the below link

https://forms.office.com/r/XT5saRmNPP

Note: - In case any difficulty kindly mail your query on <a href="mailto:gautam.sonawane@fergusson.edu">gautam.sonawane@fergusson.edu</a>

Dr.Radhika Jadhav
Controller of Examination

Dr. Ravindrasing Pardeshi Principal