



INTRODUCTION TO THE MENTORING PROCESS

**Fergusson College (Autonomous), Pune.
An IQAC Initiative
Mrs. Himani Raichur (Mentor Coordinator)**



CHALLENGES BEFORE THE STUDENTS

- ❖ Meet the academic pressures successfully
- ❖ Developing oneself to be a competent professional
- ❖ Adjusting to a diverse set of situations
- ❖ Experiencing stress due to various reasons



MENTORING

Studies indicate that graduate students who receive effective mentoring demonstrate greater

- Productivity in research activity
- Academic success
- Professional success
- Greater chances of Employment

Thus, helps to meet the challenges before the Students

MENTORING

Definition:

‘To **help and support people** to manage their own learning in order to **maximize their potential, develop** their skills, **improve** their performance and become the person they want to be’ (Parsloe, 1992)

MENTORING

- ❑ Positive developmental partnership
- ❑ Aims to build capability and self-reliance in the student
- ❑ Helps to highlight issues and do problem solving
- ❑ Therefore the mentee should participate wholeheartedly in the sessions.



WHAT IT IS NOT?

- ❖ Taking on the **problems or work** of the student
- ❖ **Promoting/sponsoring/protecting** the student
- ❖ Not Intended to deal with **deep personal issues**
- ❖ **Therapy**

MENTORING PRINCIPLES

- ❖ The Mentor empowers the Mentee to take **responsibility for their own learning** and career development
- ❖ It is a relationship built upon **trust and mutual respect**
- ❖ The Mentoring relationship is **confidential**

BENEFITS TO STUDENTS

Mentoring enables students to

- Acquire discipline knowledge and skill
- Learn interpersonal skills
- Gain perspective on one's subject and its relevance to the society
- Increases confidence and helps in problem solving



Let's make the mentoring experience effective....

- ❖ Mentees kindly **participate wholeheartedly**. Make it to the sessions. Your mentor teacher is taking time to reach out to you and help **YOU**
- ❖ Please be **respectful of others views and opinions**
- ❖ Do **not interrupt fellow mentees** when they are sharing their experiences
- ❖ **Do not keep talking about yourself** allow others to speak too
- ❖ Let's make it a space where we all support each other
- ❖ Contact **mentoring@fergusson.edu** in case of doubts, queries.

MENTORING IN FERGUSON

Focus on 10 Skills proposed by World Health Organization

Self-awareness
Empathy
Critical thinking
Creative thinking
Decision making

Problem Solving
Effective communication
Interpersonal relationship
Coping with stress
Coping with emotion



KNOW YOUR MENTOR

Name:

Area of Specialization:

Photo: Optional

Any other information you would like to share: For example hobbies,
My values, Why I chose my profession?

Mentoring Team Members

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SUGGESTIONS/QUESTIONS???

